

6-8 MAY
2024

ROLE OF DYNAMIC SURFACES FOR PROMOTING FUN & FUNCTIONAL SHIFTS IN CLIENTS WITH NEURO-MOTOR CHALLENGES USING THE NDT APPROACH COURSE - WORKSHOP

Total contact hours: 19 hours

This introductory to intermediate level course is designed for PT's, OT's, and SLP's who work with or desire to work with children with neuromuscular challenges. Using task analysis, you will learn how to efficiently and effectively design a treatment session towards a functional goal with special consideration to using dynamic surfaces. Emphasis will be placed on using dynamic surfaces within the treatment environment to facilitate core strength, constrain the inefficient movement patterns, and provide practice and repetition of the desired movements within the treatment session. Lecture, video clips, assessment & treatment demonstrations, discussion, group problem-solving, and experiential learning will be utilized to embed this new knowledge into the participants practice. Pre-reading will reinforce the use of the ICF model in the planning and execution of treatment. This is a "must attend" course to become more creative, effective, and efficient in your clinical practice.

* Please note: There are some lectures that are repeated in each course, as the three courses are prepared as "stand-alone" courses.

Investment:
230 €

including materials,
lunches & coffee-breaks

THE COURSE CAN BE TAKEN SEPARATELY,
BUT ALSO 2 OR 3 COURSES IN A ROW *

USE THE
DISCOUNTS

Participate in two NDT courses Total price 430 eur	Participate in three NDT courses Total price 630 eur
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PLEASE REGISTER HERE

Registration is open
until group
has filled up!

Instructor:

Jane Styer-Acevedo,
PT, DPT, C/NDT

maintains a clinical practice, treating individuals through the lifespan with neurological challenges. She is a master clinician in the areas of pediatrics, neurology, and therapeutic aquatics and has been teaching continuing education workshops, nationally and internationally since 1983. Jane's scope of teaching includes aquatic and "land-based" courses in Australia, New Zealand, Europe, Asia, India, Africa, and North, Central, and South America. She is currently an Active Pediatric Coordinator Instructor for the NDTA, teaching continuing education courses of varying lengths related to the NDTA™ Contemporary Practice Model. Jane excels in the problem-based approach to promoting functional shifts for individuals through therapeutic intervention from the acute phase, rehabilitation, and community entry or re-entry towards lifelong participation, health and fitness.

COURSE OBJECTIVES

By the end of this course, the participant will learn:

1. Identify the essential postural, neuromuscular, musculoskeletal and sensory/perceptual elements necessary to gain postural control for a child's functional goal.
2. Recognize and follow through observation, the elements of an assessment of a child and planning a treatment session with dynamic surfaces using task analysis and problem solving towards a functional goal.
3. Identify a variety of dynamic surfaces useful in the treatment of children, identifying the advantages and challenges, how to use the surface, when in treatment to use it, and how it effects the child's movement repertoire.
4. Discuss treatment strategies towards an effective and efficient sequence for a functional outcome.
5. Use dynamic surfaces to demonstrate a minimum of 10 treatment interventions for gaining proximal stability, improving functional use of the head and limbs, and increasing mobility.



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ACCOMMODATION

You are welcome to stay
in one of the following hotels,
using the CODE
gives discount up to 15-20%

Hestia Hotel Haapsalu Spa / Please use for booking with discount, link here: [NDT_training_HNRC](https://www.hestiahotel.com)
Fra Mare Thalasso Spa / Booking by sales@framare.ee / code: **HNRK 65**.
Discount is valid **until to 21.04.2024**.

